Proverbs Introduction

For June 26

Proverbs 8:34 Blessed is the man who listens to me, watching daily at my gates, waiting at the posts of my doors. 35 For whoever finds me finds life, and obtains favor from the LORD.

Two questions:

1. Why would we study the book of Proverbs? Read chapter 3 and make a list of all the things that are promised to those who apply the wisdom of Proverbs to their lives.
2. These are truly wonderful promises, but can the book deliver? How does 3:18 and 19 address that? Read chapter 8. How is wisdom presented in this chapter? What do 22-31 especially say that explains why we can in fact trust all the book as to say?